

Love for Others

Our love for others depends largely on what we think of ourselves; Jesus himself said to "love your neighbor as yourself." This self-concept quiz encourages your young people to understand themselves better.

Ask your kids to write on paper the first 20 things that come to their minds in

answer to the question, "Who am I?" Assure them that this is private so they'll respond honestly.

Example:

I am—

■ Harvey Klutz

■ bald

■ smart

■ a Christian

■ a son

Questions for discussion:

1. Must I like everything about myself in order to accept myself as God does?
2. What can I do to change what I don't like about myself?
3. How do I alter my self-concept? How do I alter what others think of me? what Christ thinks of me?
4. Do others perceive me the way I think they do?
5. Can I be confident about myself if my

self-concept depends on others' opinion of me?

6. Does my self-concept depend on my roles—student, leader, child, jock, party girl, class clown?

Now ask each student to choose a partner and assess each other's self-concept—that is, student A lists what she thinks student B thinks of himself. Then ask them to compare these assessments with their written responses to the earlier "Who am I?" question.