

# How Do I Love Thee?

This is an activity adapted from *The Serendipity Encyclopedia* (available from Serendipity, 1-800-525-9563). It is a survey based on part of 1 Corinthians 13, also known as the “Love Chapter.” This activity will help you learn more about how well you love others. Read the passage aloud, answer the questions below and take turns sharing your answers with your group.

**LOVE IS PATIENT:** I don’t take out my frustrations on those I love. I am calm under pressure and careful with my tongue.

1      2      3      4      5      6      7      8      9      10

**LOVE IS KIND:** I go out of my way to say nice words and do thoughtful things for others.

1      2      3      4      5      6      7      8      9      10

**LOVE DOES NOT ENVY:** I am not envious of others’ gifts and abilities or of what they have. Neither am I jealous with my time toward those who need me.

1      2      3      4      5      6      7      8      9      10

**LOVE DOES NOT BOAST:** I don’t consider my role any more important than those I love—or talk like “I know better.”

1      2      3      4      5      6      7      8      9      10

**LOVE IS NOT RUDE:** I don’t make cutting or crude remarks when I don’t get my way—or become silent and withdrawn.

1      2      3      4      5      6      7      8      9      10

**LOVE IS NOT SELF-SEEKING:** I don’t put myself first. I try to give those I love spiritual and emotional support.

1      2      3      4      5      6      7      8      9      10

**LOVE IS NOT EASILY ANGERED:** I don’t let little things bother me, especially with those I love. I have a muffler on my mouth.

1      2      3      4      5      6      7      8      9      10

**LOVE KEEPS NO RECORD OF WRONGS:** I don’t keep score of the number of times those I love have said something or done something that upset me, and I don’t bring it up when we have conflict.

1      2      3      4      5      6      7      8      9      10