

Infatuation

- (1) happens and dissolves quickly
- (2) involves jealousy and mistrust
- (3) is hurried
- (4) is often sex-centered
- (5) can weaken one's moral convictions
- (6) hinders other relationships and/or activities
- (7) involves emotional instability: an idealistic feeling
- (8) is self-conscious, status seeking
- (9) is confining
- (10) discards personal values

Love

- (1) grows slowly
- (2) requires trust and confidence
- (3) takes its own time
- (4) cares about the whole person
- (5) strengthens one's moral convictions
- (6) helps other relationships and/or activities
- (7) involves emotional stability a realistic attitude
- (8) is honest: self-disclosing and/or accepting
- (9) is freeing
- (10) reinforces personal values

Love can begin with infatuation, but requires more than that. Love is a life-long process of growth and revelation.