



The rose is always a symbol & gift of love.

This is because it is among the most beautiful flowers  
and love is the most beautiful of human experiences.

It also represents love because it is one of the few flowers with thorns which can hurt you,  
the way love can sometimes hurt.

Think about how love has brought you great happiness & occasionally pain.

Next to the rose flower write down your beautiful experiences of love- people, experiences, moments  
next to the stem with thorns write down the times love has hurt you, the people, situations, relationships.