

THE EMPATH

SHOW STAR TREK EPISODE

THIS JESUS FIGURE MODELS WHAT IT MEANS TO BE A FOLLOWER OF CHRIST,
THE MOST DIFFICULT PART OF HIS MESSAGE & TRUE DISCIPLESHIP

INSIGHTS

THE MARK OF EVOLVED PEOPLE IS THE CAPACITY FOR SELF SACRIFICE
MOTIVATED BY COMPASSION (TAKING ON THE SUFFERING OF ANOTHER)

THE KEY IS THE ABILITY TO PUT OTHERS & THE WHOLE AHEAD OF OURSELVES
(TRANSCENDENT) THIS IS IMITATION OF THE CREATOR

WE LEARN HOW TO DO THIS BY WATCHING & FEELING SOMEONE ELSE DO THIS-
EXAMPLE TEACHES US.

QUESTIONS:

WHO HAVE BEEN THE EMPATHS IN YOUR LIFE- THE SELF SACRIFICING ONES?
WHAT MAKES US/ YOU AFRAID TO GIVE YOUR LIFE?
WHY ARE WE AFRAID TO DENY OURSELVES?

FORM OF SELF DENIAL:

FASTING

SUFFERING PHYSICAL DISCOMFORT

ENDURING SICKNESS

NON-ATTACHMENT TO THINGS, COMFORT, SECURITY, THE PAST, LOVE,
RELATIONSHIPS, OUTCOMES