

## LET GO

- To let go does not mean to stop caring, it means I can't do it for someone else.
- To let go is not to cut myself off, it's the realization I can't control another.
- To let go is not to enable, but to allow learning from natural consequences.
- To let go is to admit powerlessness, which mean the outcome is not in my hands.
- To let go is not to try to change or blame another, it's to make the most of myself.
- To let go is not to care for, but to care about.
- To let go is not to fix, but to be supportive.
- To let go is not to judge, but allow another to be a human being.
- To let go is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.
- To let go is not to be protective, it's to permit another to face reality.
- To let go is not to deny, but to accept.
- To let go is not to nag, scold or argue, but instead to search out my own shortcomings and correct them.
- To let go is not to adjust everything to my own desires, but to take each day as it comes and cherish myself in it.
- To let go is not to regret the past, but to grow and life for the future.
- To let go is to fear less and love more.

**THE CANCER OF UNLOVE** When Amy Carmichael of Dohnavur, India formed the Sisters of the Common Life, she set forth some principles that were to guide them:

As Sisters of the Common Life we are trusted to be very careful about our inner discipline, and continually to expose every part of our inward life to the searching light of God . . . Let no least thought of unkindness move in me there. Let such a thought be impossible to me. Let it be intolerable. If I have given room to any least feeling of unlove, show me the seriousness of that sin. Break me down before Thy face because of it. . . . We are trusted to spread the spirit of love. Tenderness in judgment, the habit of thinking the best of one another, unwillingness to believe evil, grief if we are forced to do so, eagerness to believe good, joy over one recovered from any slip or fall, unselfish gladness in another's joys, sorrow in another's sorrow, readiness to do anything to help another entirely irrespective of self -- all this and much more is included in that wonderful word love. If love weakens among us, if it ever becomes possible to tolerate the least shadow of an unloving thought, our Fellowship will begin to perish. Unlove is deadly. It is a cancer. It may kill slowly but it always kills in the end. Let us fear it, fear to give room to it as we should fear to nurse a cobra. It is deadlier than any cobra. And just as one minute drop of the almost invisible cobra venom spreads swiftly all over the body of one into whom it has been injected, so one drop of the gall of unlove in my heart or yours, however unseen, has a terrible power of spreading all through our Family, for we are one body -- we are parts of one another. If one member suffers loss, all suffer loss. Not one of us liveth to herself.

We owe it to the younger ones to teach them the truth that united prayer is impossible, unless there be loyal love. If unlove be discovered anywhere, stop everything and put it right, if possible at once.